

## **Special Diet Application Form**

If your child requires a special diet, please fully complete this form and return to the school office. Please note-

- If your child requires a special diet for religious or cultural reasons or because they are vegetarian or vegan, please fully complete Part A and Part B of this form.
- If your child requires a special diet for medical/ health reasons, please complete Part A and Part C of this form, in addition to a Special Diet Medical Form. Please note, special diet medical forms may be signed only by a medical consultant, GP or registered dietitian.

Incomplete forms will not be accepted and will be returned to parent/guardians for completion. This may result in a delay in your child receiving a special diet.

PLEASE NOTE- The school catering service will accommodate specific dietary needs from existing menus and ingredient range, therefore a child with a special dietary need may not always get a choice of dishes. If any specialist dietary preparations and prescription foods are required these will need to be supplied by the child's parent/guardian. The set price for school meals will remain the same in these circumstances.

## **PART A- CONTACT DETAILS**

| Pupil details             |                                  |
|---------------------------|----------------------------------|
| Pupil's Name              | Date of birth                    |
| School details            |                                  |
| School                    |                                  |
| School Address            |                                  |
| Parent/Guardian's details |                                  |
| Contact Name              | Contact daytime telephone number |
| Contact address           |                                  |

## PART B- RELIGIOUS CUITURAL OR VEGETARIAN/VEGAN DIET REQUIREMENT

| TAKE B RELIGIOUS, OULTOINE OR VEGETARIAMA VEGARA BIET REQUIREMENT                       |                          |  |
|---|--------------------------|--|
| Cultural, religious, vegetarian or vegan diet   |                          |  |
| Please specify the type of diet required:   |                          |  |
|   |                          |  |
| Please list the foods to be avoided and list the foods that can be used as a substitute |                          |  |
| List of foods to be avoided   | List of substitute foods |  |
|   |                          |  |
|   |                          |  |
|   |                          |  |
|   |                          |  |
|   |                          |  |
| Other relevant information  |                          |  |
|   |                          |  |
| PART C- MEDICALLY PRESCRIBED DIET REQUIREMENT   |                          |  |
|   |                          |  |
| Medically prescribed diet   |                          |  |

| Medically prescribed diet   |                            |  |
|---|----------------------------|--|
| Please indicate the type of medical condition the special diet is to be provided for (please tick all boxes that apply)   |                            |  |
| Diabetes  | Nut Allergy                |  |
| Coeliac disease   | Dairy/ Lactose intolerance |  |
| Crohn's disease   | Egg allergy                |  |
| Phenylketonuria (PKU)   | Wheat allergy              |  |
| Other (Please specify)  |                            |  |
| If other please list the foods to be avoided and list of foods that can be used to substitute these.<br>An additional list of food and drinks can be attached to this form. |                            |  |
| Health Care Professional contact details  |                            |  |
| Contact Name  | Contact Telephone Number   |  |

| List of foods to be avoided  | List of substitute foods |  |
|--|--------------------------|--|
|  |                          |  |
|  |                          |  |
|  |                          |  |
|  |                          |  |
|  |                          |  |
| Does your child require any foods to have changes in texture? Yes No   |                          |  |
| If yes, please list any foods that need changes in texture and state the changes required  |                          |  |
|  |                          |  |
|  |                          |  |
|  |                          |  |
|  |                          |  |
| Do you use special dietary products with your child  | d? Yes □ No □            |  |
| bo you use special dietally products with your crima: Tes 110  |                          |  |
| If yes please give further details   |                          |  |
|  |                          |  |
|  |                          |  |
| Do you use prescribed dietary products with your   | child? Yes No            |  |
|  |                          |  |
| If yes, can you provide the school catering service with a small amount of prescribed products for use in preparing diet? Yes No |                          |  |
| Please give details of the product and amount  |                          |  |
| Theuse give details of the product and amount  |                          |  |
|  |                          |  |
|  |                          |  |
|  |                          |  |
|  |                          |  |
| Parent /Guardian Signaturo   |                          |  |
| Parent/Guardian Signature:   |                          |  |
| Please print name:   |                          |  |
| Date:  |                          |  |
|  |                          |  |
|  |                          |  |
| To be completed by school office:  |                          |  |
| Date received by school:   |                          |  |
| Signature  |                          |  |