

Meningitis - know the symptoms

Symptoms of meningitis develop suddenly and can include:



Fever (over 37.5C)



Vomiting



Headache /Stiffness



Confusion



Rash



Dislike of
bright lights



Fatigue



Seizures (fits)

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently.

MenACWY vaccine



Pupils in year 11 and 12, are offered the MenACWY vaccine in school. The vaccine helps protect young people against four different causes of meningitis and septicaemia: meningococcal groups A, C, W and Y disease. If you're aged 25 or under, at university and haven't yet had the MenACWY vaccination, you should ask your GP for the vaccine.

There are other types of meningitis that there are no vaccines against, so it is important to still watch out for the signs and symptoms.

www.pha.site/meningitis-nidirect

 HSC Public Health Agency