

Parents Talk ADHD

Same boat different storm Sharing your journey through ADHD

Wed 29th March
7.30-8.30pm
on Zoom

creative impatiant
meltdowns inventive
anxious risk-taking frustrated
gifted disorganised athletic
ADHD
kind hyperactive sleep
humorous impulsive
loving inattentive smart
inspirational
irritable

Is this discussion group for me?

- Are you the parent or carer of a child with ADHD?
- Would you appreciate a space to connect with others who can offer empathy, support and solutions.

If you answered yes we would love you to join us for our online parent discussion group

What do I need to do?

- Phone 0808 8020 400 to book a place
- There are a maximum of 12 places per group
- If the discussion group is not for you please contact us to arrange 1:1 support from one of our experienced parent support officers on 0808 8020 400 or request a helpful resource via email

