



Sponsored Colour Run / Workout & Picnic

Thursday 25th May 2023 at Portadown People's Park

Dear Parent/Guardian

We are holding a Sponsored Colour Run / Workout on Thursday 25th May at Portadown People's Park.

This day is our main Charity fundraiser for the year and we would ask that you return the sponsorship form provided, with any monies, to your class teacher by Tuesday 23rd May 2023. All money raised will be given to two very worthy charities – Cancer Fund for Children and Action Mental Health.

This event will be delivered by Healthy Kidz, with every child in the school from Nursery to Year 7 being given the opportunity to take part.

The event will involve all of our pupils walking to the People's Park from school and doing the Colour Run. Each child will also participate in a series of fun 'work-out' stations. The event will end with our Big Rainbow Picnic, in aid of Action Mental Health. All children will eat their packed lunch at the People's Park. If your child gets Free School Meals and you wish the kitchen to provide a packed lunch, this must be ordered in advance.

Throughout the Colour Run, the pupils will be dusted in child-friendly/allergy-free 'colours'. This will not only look amazing but will be great fun for all involved. Any children who are on our Asthma Register must bring their inhaler to the park.

This is a non uniform day and children should come to school in their sports gear with no school bag. We would suggest that they wear shorts and t-shirts with track bottoms/leggings over the shorts and a hoodie/jumper over the t-shirts with these over-garments removed before the Colour Run. Afterwards these over-garments will be worn back to school. This will minimise as much colour transfer as possible. Please ensure that pupils do not wear their best clothes as they will get colours over them. All pupils are asked to wear a plain white t shirt for the Colour Run if possible, as the colours will show up better on these.

The event will begin at the park at 11am and school will finish early for all pupils at 1.00pm.

We would strongly encourage each child to wear sun cream and bring their own clearly named water bottle.

We hope that all of our pupils will have lots of fun on 25th May and in doing so, raise some money for these very worthwhile charities.

Yours faithfully

M McKernan

Charity Co-ordinator

