



WALKING ON EGGSHELLS

NON VIOLENT RESISTANCE PROGRAMME

Child to parent violence is an abuse of power through which the child or adolescent attempts to coerce, control or dominate others in the family.

Supporting parents & carers to achieve a calmer and violent free home

- Overcome sense of helplessness
- Develop a support network
- Stop destructive behaviours
- Improve family relationships

All parents / carers will complete an initial telephone assessment to ensure the programme is suitable for their family circumstances.

CALL TO REGISTER

0808 8010 722

**Open to all areas within
the Southern Health &
Social Care Trust**

Non Violent Resistance online programme
for parents/carers living in SHSCT.

Mondays
23rd January - 13th March 2023
8 Weeks
7.00pm - 9.00pm

*Programme welcome those parenting
11-18 years specifically*

