



**Top Tips
for
Parents**

Register now by calling
the Support Line on
0808 8010 722

Come and join us for **FREE**
online sessions!

Monday 17th October
10.30-11.30am
**The power of the parent child
relationship**

Tuesday 18th October
7-8pm
Managing Childrens Anxiety

Wednesday 26th October
10.30-11.30am
Parenting after separation

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#PARENTINGWEEK
SUPPORT LINE: 0808 8010 722