

# Ballyoran Primary School

# April-June 2022 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 25/4 23/5 20/6	Breast of Chicken Curry & Rice, Naan Bread Or Steak Burger  Baton Carrots Gravy Mashed Potato Salad Selection  Vanilla Ice Cream, or Oranges	Breaded Fish Fingers or Spaghetti Bolognaise  Baked Beans Medley of Fresh Vegetables Mashed Potato  Sponge with Jam Topping	Homemade Breaded Chicken Goujons Or Spicy Chicken in a Warm Tortilla wrap  Sweetcorn, Hot Pasta Twists Oven Baked Herb Dice Potato Salad Selection  Fresh Fruit Selection and Yoghurt	Roast Chicken Or Roast Beef  Traditional Stuffing, Gravy, Fresh Baton Carrots, Broccoli Florets Oven Baked Roast Potato  Rice Krispie Square	Hot Dog or Homemade Margherita Pizza  Peas Tossed Salad Chips Mashed Potato  Oat Biscuits & Fresh Fruit Chunks
<b>Week 2</b> 2/5 30/5 27/6	Steak Burger or Pasta Twists with homemade Tomato sauce and Sliced Chicken  Gravy, Broccoli Florets Fresh Baton Carrots Mashed Potato  Chocolate Cracknel	Homemade Margherita Pizza Or Breast of Chicken Curry With Boiled Rice & Naan Brad Sweetcorn Pasta Twist Salad Selection Oven Baked Herb Dice Potato  Fresh Fruit Selection and Yoghurt	Fresh Breaded Fish Goujons or Chicken Crumble  Baked Beans Garden Peas Mashed Potato Salad Selection  Jelly & Fruit or Yoghurt	Roast Breast of Chicken or Savoury Mince Traditional Stuffing  Gravy Cauliflower Cheese Fresh Diced Carrots Oven Baked Roast Potato  Vanilla Cake	Chicken Nuggets or Chicken and Cheese Melt  Sweetcorn Chips Baked Potato Salad Selection  Ice Cream with Fresh Fruit
<b>Week 3</b> 9/5 6/6	Breaded Fish Fingers or Pasta Bolognaise  Baked Beans Sweetcorn Garden Peas Mashed Potato  Flakemeal Biscuit or Fruit	Homemade Salt & Chilli Or Traditional Chicken Goujons Or Chicken & Pasta  Broccoli Florets Salad Selection Mashed Potato  Raspberry ripple Ice Cream  Slice Fresh Fruit Chunks	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Filled Panini  Garden Peas Baton Carrots Oven Baked Herb Dice Potato  Fresh Fruit Selection and Yoghurt	Roast Turkey or Salmon Fish Cake  Traditional Stuffing Gravy Fresh Carrot, Broccoli Oven Baked Roast Potato  Jelly & Fruit	Oven Baked Sausage or Homemade Lasagne  Sweetcorn & Peas Chips, Mashed Potato Salad Selection  Strawberry Mousse & Fresh Fruit Salad
<b>Week 4</b> 16/5 13/6	Roast Breast Chicken or Brown Stew  Traditional Stuffing Gravy, Savoy Cabbage Fresh Baton Carrots Oven Baked Roast Potato  Chocolate Muffin Cake	Spaghetti Bolognaise or Fresh Breaded Fish Fillets  Broccoli & Cauliflower Florets Mashed Potato  Jelly & Fruit & Ice Cream	Breast of Chicken Curry with Boiled Rice & Naan Bread or Oven Baked Sausage  Baton Carrots Garden Peas Gravy, Mashed Potato  Fresh Fruit Selection and Yoghurt	Homemade Salt & Chilli or Traditional Chicken Goujons Chicken Tortilla Wraps  Baked Beans Roast Vegetables, Salad Selection Oven Baked Herb Dice Potato  Flakemeal Biscuit Fingers & Fruit	Homemade Margherita Pizza or Breaded Fish Fingers  Sweetcorn Traditional Champ Chips Salad Selection  Artic Roll & Fruit Chunks

MENU MAY CHANGE SUBJECT TO DELIVERIES

# school food

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**Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily**

If you require any additional information on allergens or Special diets, please contact the school in the first instance

