

Ballyoran Primary School

November 2020 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02/11/20	School Closed Parent/Teacher Meetings	Homemade Cheese & Tomato Pizza or Tuna Wraps Peas/Sweetcorn Chips Baked Potato Artic Roll & Fruit	Fish Fingers or Sweet & Sour Chicken & Rice Beans/Sweetcorn Mashed Potatoes Baked Potatoes Biscuit & Fruit	Chicken Pie or Macaroni Cheese Carrots/Parsnips Mashed Potatoes Oven Roasted Potatoes Gravy Jelly & Fruit Salad	Homemade Vegetable Soup or Chicken Soup Hot Dog, Cheese & Sauces or Filled Chicken or Salad Rolls Frozen Mousse or Raisin Cookie
Week 2 09/11/20	Fish Fingers or Chicken & Pasta Bake Beans Sweetcorn Salad Mashed Potatoes Ice Cream & Fruit	Oven Baked Sausages or Salmon Fish Cakes Turnip Broccoli Mashed Potatoes Gravy Flake meal Biscuit & Fruit	Savoury Mince or Chicken Curry & Rice Naan Bread Carrots Pasta Mashed Potatoes Rise Krispie Bun & Fruit	Turkey & Stuffing or Vegetable Pasta Bake Carrots/Broccoli Mashed Potatoes Oven Roasted Potatoes Gravy Jelly Whip & Fruit	Homemade Cheese Pizza or Chilli Chicken Wraps Peas/Sweetcorn Salad Chips Baby Boiled Potatoes Tubs of Ice Cream & Fruit
Week 3 16/11/20	Shepherds Pie or Chicken Tagliatelle Carrots Broccoli Mashed Potatoes Gravy Ice Cream, Fruit & Wafer	Fish Fingers or Chicken Curry & Rice Beans Sweetcorn Salad Mashed Potatoes Biscuit & Fruit	Chicken Nuggets or Tuna Wraps Peas/Sweetcorn Salad Chips Baby Boiled Potatoes Jelly & Fruit Salad	Baked Gammon/Stuffing or Macaroni Cheese Turnip/Cabbage Gravy Mashed Potatoes Oven Roasted Potatoes Tubs of Ice Cream & Fruit	Homemade Leek & Potato Soup or Chicken Soup Hot Dog, Cheese & Sauces or Filled Chicken or Salad Rolls Biscuit, Fruit or Frozen Mousse
Week 4 23/11/20	Steak Burger or Sweet & Sour Chicken & Rice Carrots/Parsnips Broccoli Mashed Potatoes Gravy Rise Krispie Bun & Fruit	Homemade Cheese & Chicken Pizza or Tuna Wraps Peas/Sweetcorn Chips Baked Potatoes Artic Roll & Fruit	Oven Baked Sausages or BBQ Chicken & Noodles Turnip Peas Gravy Mashed Potatoes Ice Cream, Fruit & Wafer	Roast Chicken & Stuffing or Vegetable Pasta Bake Carrots/Broccoli Gravy Mashed Potatoes Oven Roasted Potatoes Jelly & Fruit	Spaghetti Bolognese or Fish Fingers Beans Sweetcorn Salad Mashed Potatoes Biscuit & Fruit
Week 5 30/11/20	Chicken Pasta Bake or Fish Fingers Beans/Coleslaw Mashed Potatoes Chocolate Muffin	Homemade Pizza or Chicken Wraps Peas Salad/Coleslaw Chips Frozen Mousse & Fruit	Chicken Crumble or Macaroni Cheese, Carrots Mashed Potatoes or Filled Rolls Side Salad/Coleslaw Jelly & Fruit Salad	Chicken Curry & Rice or Oven Baked Sausages Mixed Vegetable/Broccoli Mashed Potatoes Gravy Flakemeal Biscuit & Fruit	Christmas Dinner

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets, please contact the school in the first instance



MENU MAY CHANGE SUBJECT TO DELIVERIES