

# Ballyoran Primary School

# October 2020 Menu

# school food

*try something new today*

[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily**

**If you require any additional information on allergens or special diets, please contact the school in the first instance**



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 28/09/20	Fish Fingers or Chicken Pasta Bake Beans/Sweetcorn Coleslaw/Salad Mashed Potato  Ice Cream & Fruit	Homemade Vegetable or Chicken Soup Hot Dog or Filled Rolls (Chicken/Salad)  Frozen Mouse or Raisin Cookie	Savoury Mince or Chicken Curry & Rice Peas/Pasta Mashed Potatoes Naan Bread  German Biscuit	Roast Turkey with Stuffing or Vegetable Pasta Bake Carrots/Broccoli Mashed Potatoes  Yoghurt or Angel Delight	Homemade Pizza or Tuna Wraps Peas/Sweetcorn Chips or Baked Potato Sauces  Jelly & Fruit
<b>Week 2</b> 05/10/20	Shepherd's Pie or Chicken Tagliatelle Carrots/Broccoli Mashed Potato Gravy  Ice Cream & Fruit	Oven Baked Sausages or Filled Chicken/Salad Roll Mashed Potatoes Peas/Sweetcorn Salad/Gravy  Swiss Roll	Fish Fingers or Macaroni Cheese Beans Sweetcorn Chips or Potatoes  Cookie & Fruit	Sweet & Sour Chicken with Rice or Baked Gammon with Stuffing Cabbage/Turnip Mashed Potatoes  Biscuit & Fruit Salad	Chicken Crumble or Bacon & Cheese Pasta Mashed Potato Carrots/Peas Gravy  Jelly & Fruit
<b>Week 3</b> 12/10/20	Fish Fingers or Lasagne Beans/Sweetcorn Salad/Coleslaw Mashed Potatoes  Ice Cream	Beef Burgers, Mash, Vegetables, Gravy of Chicken Pasta Bake  Lemon Meringue & Fruit	Homemade Pizza or Tuna Wraps Peas/Sweetcorn Chips or Baked Potatoes Sauces  Rice Krispie Bun	Macaroni Cheese or Roast Turkey & Stuffing Turnip/Broccoli Mashed Potatoes Gravy  Jelly & Fruit	Homemade Vegetable or Chicken Soup Hot Dog or Filled Rolls (Chicken/Salad)  Frozen Mousse or Raisin Cookie
<b>Week 4</b> 19/10/20	<b>School Closed</b> <b>Parent/Teacher Meetings</b>	Chicken Pasta Bake or Fish Fingers Beans/Coleslaw Mashed Potatoes  Chocolate Muffin	Homemade Pizza or Chicken Wraps Peas Salad/Coleslaw Chips  Frozen Mousse & Fruit	Chicken Crumble or Macaroni Cheese, Carrots Mashed Potatoes or Filled Rolls Side Salad/Coleslaw  Jelly & Fruit Salad	Chicken Curry & Rice or Oven Baked Sausages Mixed Vegetable/Broccoli Mashed Potatoes Gravy  Flakemeal Biscuit & Fruit
<b>Week 5</b> 26/10/20	<b>School Closed</b> <b>Half Term</b>	<b>School Closed</b> <b>Half Term</b>	<b>School Closed</b> <b>Half Term</b>	<b>School Closed</b> <b>Half Term</b>	<b>School Closed</b> <b>Half Term</b>

**MENU MAY CHANGE SUBJECT TO DELIVERIES**