

EAT SMART WITH THE LUNCH BUNCH

WEEK THREE

WEEK BEGINNING:
14 SEPTEMBER, 12 OCTOBER,
9 NOVEMBER, 7 DECEMBER,
11 JANUARY, 8 FEBRUARY, 8 MARCH,
5 APRIL, 3 MAY, 31 MAY, 28 JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>MAIN COURSE ONE</i> LUNCH BUNCH CATCH OF THE WEEK Oven Baked Fish Fingers Garden Peas & Diced Carrots Chips or Mashed Potatoes <i>MAIN COURSE TWO</i> THE 'TUS-CAN' DO CHICKEN BAKE Tuscan Chicken Pasta Bake Garden Peas & Diced Carrots Chips or Mashed Potatoes <i>DESSERT</i> PEACHY KEEN RICE DREAM Rice Pudding with Peach Slices	<i>MAIN COURSE ONE</i> A LITTLE TASTE OF ITALY Homemade Beef Bolognese Sweetcorn & Coleslaw Pasta Spirals <i>MAIN COURSE TWO</i> HEARTY HEALTHY PIZZA Margherita Pizza Sweetcorn & Coleslaw Oven Roasted Diced Potatoes <i>DESSERT</i> CHOCOLATE LAVA MOUNTAIN Ice Cream & Pears with Chocolate Sauce	<i>MAIN COURSE ONE</i> LUNCH BUNCH CHICKEN CURRY Chicken Curry & Mini Naan Bread Broccoli & Baton Carrots Boiled Rice <i>MAIN COURSE TWO</i> THE VEGTASTIC SIZZLERS Roast Vegetable Sausages & Gravy Broccoli & Baton Carrots Mashed Potatoes <i>DESSERT</i> SUNBEAMS & APPLE DREAMS Apple Sponge Cake with Custard	<i>MAIN COURSE ONE</i> LUNCH BUNCH ROAST OF THE WEEK Roast Gammon with Stuffing & Rich Gravy Seasonal Veg of the Day Oven Baked Roast Potatoes or Mashed Potatoes <i>MAIN COURSE TWO</i> HOOK LINE AND PERFECT PASTAI Creamy Salmon Pasta Seasonal Veg of the Day Oven Baked Roast Potatoes <i>DESSERT</i> SIMPLY THE ZEST Chocolate & Raspberry Cookie with Orange Wedges	<i>MAIN COURSE ONE</i> CHICKIN' LICKIN' GOOD Oven Baked Chicken Goujons Baked Beans & Mini Corn on the Cob Chips or Baked Potato <i>MAIN COURSE TWO</i> CHILLI-CHILLI BANG-BANG Sweet Chilli Chicken Panini with Salad Baked Beans & Mini Corn on the Cob Chips or Baked Potato <i>DESSERT</i> BANANA FOOL Layered Banana with Yoghurt, Banana Mousse & Biscuit

MILK, WATER, BREAD & FRESH FRUIT
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO
PRODUCT AVAILABILITY