Social Media
A GUIDE FOR PARENTS

Help them stay safe. Support them to make smart choices.

Safer Children Brighter Futures ♡

AGE RESTRICTED

Social media platforms such as Snapchat, Instagram, TikTok, What's App and Facebook are age restricted.

They should NEVER be used by any primary school aged pupil.

IT'S YOUR RESPONSIBILITY

It is the responsibility of parents/guardians to be fully aware of what their child is doing online. The school will not become involved in situations where pupils behave inappropriately on these platforms outside of school. If online bullying or abuse is reported to us, we will advise you how to report it to the appropriate authorities.

It is up to you to keep your child safe from internet bullying while at home.

Be aware
Be involved
Keep them safe

5 WAYS YOU CAN HELP KEEP YOUR CHILD SAFE ONLINE

1 HAVE ACCESS & CHECK REGULARLY



Agree that you can have access to their phone whenever you want; check the phone regularly.

2 KNOW THE APPS & PASSWORDS



Make sure you know what apps they are using (age appropriate) and know all their passwords for these apps.

3 MONITOR THEIR ACTIVITY



Look at and monitor the history of their calls, messages, contacts, websites and pictures.

4 SET PHONE BOUNDARIES



No child needs their phone after 8:30pm or before 8:30am... and **NO CHILD NEEDS HIS/HER PHONE IN THE BEDROOM AT NIGHT.**

5 TALK ABOUT THE RISKS



At all times talk to your child about the dangers of social media. Remember **1 out of 5 children** talk to a **stranger** every day through social media.

KEEP TALKING

This letter does not mean that we agree with your child having access to social media. We would advise against it, but if you insist on letting your child use it, then this advice will hopefully help to keep them safe.



Open Conversations Make a Difference ♡

USEFUL LINKS

Check out:

- www.ballyoranps.com/internet-safety
- www.nspcc.org.uk/preventing-abuse/keeping-children-safe
- www.thinkuknow.co.uk/parents

Safer Online
Happier Children
Stronger Futures ♡

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